

Kidz First: **Childhood Asthma Management Guide**

If your patient has life threatening asthma please refer to the [Management of Life Threatening Asthma Guideline](#)

Otherwise please refer to the Starship Guideline for [Asthma, Management of Acute.](#)

The following are local variations in the management of children with Asthma who present to KidzFirst Emergency care.

General Guidelines for Treatment

- Prednisolone dose 2mg/kg/day maximum dose 60mg
- Use KidzFirst Asthma – [Management of Life threatening Asthma guideline](#)

Guidelines for Follow-up

- As per SSH guideline, except as follows
- Paediatric Medical Follow-up in Outpatients is generally reserved for children with life-threatening or very difficult to manage asthma, or children with co-morbidities. Referral should be discussed with a Consultant Paediatrician.
- The KidzFirst Paediatric Homecare Nurses are trained to provide asthma education. Complete a standard Homecare referral form and specify that Asthma education is required.

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